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24-HOUR EMERGENCY AND CRISIS HELP

Alcohol and Drug Treatment Referrals

(800) 262-4944

American Red Cross

(406) 245-3512

Animal Shelter

(406) 657-8226

Ask-A-Nurse

1 (800) 762-8778

Battered Victims

(406) 259-8100

Big Horn County Law Enforcement

(406) 665-9780

Billings Clinic Health Line

1(800) 252-1246

Bureau of Indian Affairs Criminal Investigation

(406) 638-2957

Bureau of Indian Affairs Human Services

(406) 638-2842

Bureau of Indian Affairs Law Enforcement

(406) 638-2631

Child Abuse Help Line

1(866) 820-5437

Child Find of America

1(800) 426-5678

Crime Stoppers

(406) 252-5658

Federal Bureau of Investigation

(406) 248-8487

Poison Control

1(800) 525-5042

Sexual Assault and Domestic Violence

(406) 259-8100

Suicide Prevention Lifeline

1 (800) 273-8255

Tumbleweed Runaway Program

(406) 259-2558

www.tumbleweedprogram.org

A Guide to Resources for Montana

CHILD CARE

Montana Department of Public Health and Human Services

Human and Community Arcade Building

Services Division-Early 111 North Jackson

Childhood Services Helena, MT 59601

Bureau Phone: (406) 444-1788

The mission of the Early Childhood Services Bureau is to improve the quality, affordability, and accessibility of child care in Montana, with focused efforts on coordinated systems to best meet the needs of young children, their families, and the professionals who work on behalf of young children and families. The programs that are offered are Best Beginnings Child Care Scholarships, Best Beginnings Quality Programs, Child and Adult Care Food Program, Head Start-State Collaboration Office, and School Readiness.

The **Best Beginnings Child Care Scholarships** offers child care payment assistance to low-income parents who are working and/or participating in preapproved education programs, with certain limitations.

The **Best Beginnings Quality Programs** provides child care providers with start-up, expansion, and training opportunities. The programs have been thoroughly designed to maximize limited resources so that access to quality early childhood programs is improved for all children.

The **Child and Adult Care Food Program** provides reimbursement for meals served in participating institutions when those meals meet the federal US Department of agriculture (USDA) regulations and align with the current Dietary Guidelines for Americans. The CACFP is available to infants, children, and impaired or older adults enrolled in institutions that participate in the CACFP. Eligible institutions are family day care homes, child care centers, afterschool and outside school hour facilities, adult day care facilities, and emergency shelters.

The **Head Start-State Collaboration Office** has the goal of impacting the lives of low-income children and families by influencing state and local policy and the effective delivery of services, while linking Head Start programs and communities through collaborative relationships.

The **School Readiness Program** provides education to families, communities, service providers, and schools on how to support and development of skills and positive behaviors, as well as enhance the environment in which children spend their time.

A Guide to

Wyola, Montana

Resources for

Quality Assurance Division 2121 Rosebud Drive

Child Care Licensing Suite D

Program-Big Horn County Billings, MT 59102

Phone 1: (406) 655-7632

Phone 2: (406) 655-7633

Fax: (406) 655-7682

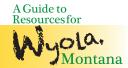
The role of the Child Care Licensing Program is to regulate and monitor child care facilities. Additionally, the Child Care Licensing Bureau is responsible for protecting the health, safety and well-being of the children receiving care in Montana. The program conducts regular surveys of child care facilities and conducts complaint investigations upon receiving a complaint against a specific group home and/or administration/staff.



Cultural

Crow Tribe Cultural Committee

PO Box 159 Baacheche Avenue Crow Agency, MT 59022 (406) 638-3793



DISABILITY

Children's Mental Health Bureau

2121 Rosebud Drive

Suite C-1

Billings, MT 59102 Phone: (406) 655-7602 Fax: (406) 652-1895

The Children's Mental Health Bureau provides mental health services for children under age 18. Services include Medicaid mental health services such as inpatient psychiatric services and outpatient partial hospitalization programs, community-based services, mental health center community-based outpatient services, and services by mental health professionals. The Bureau also provides non-Medicaid Mental Health Services including the Children's Mental Health Services Plan and Supplemental Services Plan.

COR Enterprises

www.corenterprises.com

"A disability services organization serving Billings and the surrounding communities." Career Guidance Center. Vocational, employment and community support services.

Disability Rights Montana

http://www.disabilityrightsmt.org

"Protects and advocates for the human, legal and civil rights of Montanans with disabilities while advancing dignity, equality and self-determination."

Disabilities Transition Projects

ruralinstitute.umt.edu/transition

Transition and employment projects and workshops.

Division of Education Research and Service

coehs.umt.edu

Technology, academics and education resources.

Early Assistance Program

www.opi.mt.gov/Programs/SpecialEd/Index.html#gpm1_4

A Guide to Resources for Montana

EagleMount

www.eaglemount.us

Recreational opportunities.

Family Support Network

1002 Tenth Street West

Suite A

Billings, MT 59102 Phone: (406)256-7783

Fax: (406)256-9879

The mission of the Family Support Network is to unify individuals with disabilities and their families to advocate for funding, services, and community.

Montana Center on Disabilities

<u>www.msubillings.edu/MontanaCenter/</u>

Montana Center for Inclusive Education.

Montana Council on Developmental Disabilities

mtcdd.rockvmountainwebsolutions.biz

Montana Department of Public Health and Human Services

Developmental Services Division Developmental Disabilities Program-Region III Office

2121 Rosebud Drive

Suite C-1

Billings, MT 59102 Phone: (406) 655-7602 Fax: (406) 652-1895

http://www.dphhs.mt.gov

The Developmental Disabilities Program contracts with private, non-profit corporations to provide services across the lifespan for individuals who have developmental disabilities and their families. The focus of the program is to tailor care to the individual and provide it in as natural environment as possible.

Montana Development Center

PO Box 87

310 West 4th Avenue Boulder, MT 59632 Phone: (406) 225-4411

Fax: (406) 225-4414

Resourcesfor

A Guide to

The Montana Development Center is the state's only residential facility for individuals with development disabilities that provides 24-hour care for those with the most severe behaviors or severe self help deficits. Habilitation services include vocational training, recreation, nursing services, occupational and physical therapy, and access to medical care.

Montana Telecommunications Access Program (MTAP)

111 North Last Chance Gulch PO Box 4210 Helena, MT 59604 1(800)833-8503 (V,TTY) 444-1335 (local) (V,TTY) E-mail: relay@mt.gov

The mission of the Montana Telecommunications Access Program is to improve the quality of life for all Montanans through education, innovation, and technology by enhancing communications options. MTAP does this by overseeing the Montana Relay program, which allows people who are deaf to use telephone services, and by offering assistive equipment and services to Montanans whose disabilities make it hard for them to use the phone.

National Dissemination Center for Children with Disabilities nichcy.org

Provides information on parent groups and resources. PTI-Parent Training Information (PLUK). Community Parent Resource Center. Parent to Parent Programs.

PLUK-Parents Let's Unite for Kids

516 North 32nd Street Billings, MT 59101

Web: http://www.pluk.org/

Email: info@pluk.org Toll Free: 800-222-7585

(406) 255-0540 Fax: (406) 255-0523

PLUK is a statewide organization, founded in 1984, that unites parents, professionals, families and friends of children with special needs to support one another and share information for the benefit of their children. Montana's Parent Training and Information Center. Family to Family Health Information and Education Center. Tutoring, parent training, recreation, additional resources.

A Guide to Resources for Montana

SNOW

snow.irdc.ocad.ca

Project of the Inclusive Design Research Center, Ontario Ministry of Ed. Technology resources, workshops, alternative formats.

Special Olympics Montana

www.somt.org

Step Inc.

Support and Techniques for Empowering People

1501 14th Street West Billings, MT 59102 (406) 248-2055 Fax: (406) 248-1493

www.step-inc.org

Vocational Rehabilitation Programs

Region IV

2121 Rosebud Drive

Suite C

Billings, MT 59102

Phone 1: (406) 248-4801

Phone 2: 1 (888) 279-7532 (Toll Free)

Phone 3: (406) 652-6046 (TTY)

Fax: (406) 652-1781

Email: hhsvrbillings@mt.gov

The Vocational Rehabilitation Program helps people with disabilities find or maintain employment. The program offers services that include evaluation, career counseling and guidance, medical and psychological, training, job development and placement, rehabilitation technology, post employment, referrals, instruction, mobility training, and low vision.

Blind and LowVision Services

2121 Rosebud Drive

Suite C

Billings, MT 59102

Phone 1: (406) 248-4301

Phone 2: (888) 279-7532 (Toll Free)

Fax: (406) 652.1781

A Guide to Resources for Montana Blind and Low Vision Services provides a broad range of services to assist eligible individuals with visual disabilities in finding or maintaining employment and increasing independence. They have three programs: Vocational Rehabilitation, Visual Medical, and Older Blind.

The **Blind and Low Vision Vocational Rehabilitation Program** offers services that include evaluation, career counseling and guidance, medical and psychological, training, job development and placement, rehabilitation technology, post employment, referrals, instruction, mobility training, and low vision.

The **Visual Medical Program** assists people who need eye treatment to prevent blindness, restore sight, or provide other appropriate eye treatment where loss of vision cannot be prevented or sight restored. Services include diagnosis, surgery and treatment, hospitalization, prosthetic appliances, transportation, and follow-up exams.

The **Older Blind Program** assists older visually impaired or blind individuals. Services include low vision evaluations, purchase of adaptive aids, daily living skill instruction, orientation and mobility training, referral to other agencies, and other supplemental services.

Living Independently for Today and Tomorrow

210 2nd Avenue South Hardin, MT 59034 Phone: (406) 665-4074

Website: http://www.liftt.org

Living Independently for Today and Tomorrow (LIFTT) is a nonprofit organization that serves persons of all ages and disabilities in Montana. LIFTT offers consumer services such as information and referral, self-advocacy, peer support, skills training, self directed personal assistance. LIFTT also offers community services including social action and systems change.

Montana's Developmental Disabilities Program: Services for Children and Families

Child and Family Developmentally Disabilities Services are designed to help families care for their children with developmental disabilities in their own home.

Early Childhood Intervention

1315 Lewis Avenue Billings, MT 59102 (406) 247-3800 Fax (406) 245-1149

Resources for Montana

EDUCATION

Wyola Head Start

PO Box 66 1 Mondel Avenue - located behind school Wyola, MT 59089 (406) 343-2031

Head Start is a comprehensive child development program that has served low-income families since 1965. These child-focused programs serve children birth to 5 years of age, pregnant women, and their families with the goal of increasing school readiness of children from low-income families. Head Start provides a range of individualized services in the areas of education and early childhood development; medical, dental, and mental health; nutrition; and parent involvement, which are responsive and appropriate to each child's and family's developmental, ethnic, cultural, and linguistic heritage and experience.

Wyola Public School

PO Box 66 1 Mondel Avenue Wyola, MT 59089 (406) 343-2722 Fax: (406) 343-5901

Home of the Wyola Wildcats of School District 29, Wyola Public School encompasses grades K-8th Grades.

Wyola School Community Library

PO Box 66 1 Mondel Avenue Wyola, MT 59089 (406) 343-2722 ext. 262

Public computers with internet access, WI-FI, Unemployment Log-in, books and DVDs on loan, staff available to help look up information such as doctor office number, etc.

Lodge Grass Public Schools

Lodge Grass Public Schools

124 N. George

Lodge Grass, MT. 59050 High School: (406) 639-2385 Elementary: (406) 639-2333 District Office: (406) 639-2304 Email: info@lodgegrass.k12.mt.us

Fax: (406) 639-2066

A Guide to Resources for Lodge Grass School District #27-2 is a Class B School District in the state of Montana. Three schools are the home of over 300 students. Lodge Grass High School, Lodge Grass Jr. High School, and Lodge Grass Elementary are located in Lodge Grass, MT.

Crow Nation

Education Department Higher Education

PO Box 159

Crow Agency, MT 59022 Phone: 406-638-3700

The Tribal Education Department offers scholarships for Crow tribal members to attend high institutions of learning.

Johnson O'Malley Program

PO Box 159

Crow Agency, MT 59022 Phone: 406-638-3700

The Johnson O'Malley Program (JOM) program provides supplementary financial assistance to implement an educational plan designed to meet the specialized and unique educational needs of Indian children attending a public school system and to provide for the culturally-related and supplementary academic needs of the Indian children.

GEAR UP

PO Box 203201 Helena, MT 59620

Phone: 406-444-0598 (Grant Manager for Eastern Schools)

Website: http://gearup.mus.edu/aboutGU.htm

Montana GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Programs) is a seven-year federal grant awarded in September of 2011 to the Office of the Commissioner of Higher Education for the State of Montana. This federal initiative encourages and supports students to set high academic expectations, stay in school, study hard and take appropriate courses to prepare them for college-level studies.

<u>Little Big Horn College</u>

PO Box 370 1 Forestry Lane Crow Agency, MT 59022 Phone: 406-638-3100

Fax: 406-638-3169

Website: http://www.lbhc.cc.mt.us

A Guide to Resources for Montan Little Big Horn College, a 1994 Land Grant Institution, is the Crow high education and cultural center that grants Associate of Arts and Associate of Science degrees and certificates in the areas that reflect the developing economic opportunities and social needs of the Crow Indian Reservation and surrounding communities. They offer instruction by traditional and distance learning methods.

Montana State University-Billings

Admissions

1500 University Drive Billings, MT 59101

Phone: (406) 657-2158 or (800) 565-MSUB

Email: <u>admissions@msubillings.edu</u> Website: <u>www.msubillings.edu</u>

Montana State University Billings is a state university, with a main campus located in downtown Billings, Montana. They offer training for Associate's Bachelor's and Master's degrees and certificates with over 160 degrees to choose from. There are five colleges – arts and sciences, business, allied health professions, education, and technology.

Montana State University

Admissions

201 Strand Union Building Bozeman, MT 59717

Phone: 406-994-2452 OR 1-888-MSU-CATS

Email: <u>admissions@montana.edu</u>
Website: www.montana.edu

Montana State University is a public university, the state's land-grant university, and the primary campus in the Montana State University system. They offer bachelor's degrees in 51 fields, master's degrees in 41 fields, and doctoral degrees in 18 fields. There are ten colleges: Agriculture; Arts and Architecture; Business; Nursing; Education, Health and Human Development; Engineering; Letters and Sciences; Gallatin College; and University College.

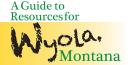
<u>Gallatin College</u>

PO Box 170515

Bozeman, MT 59717 Phone: (406) 994-5536 Fax: (406) 994-5577

Email: gallatincollege@montana.edu

Website: http://www.montana.edu/gallatincollege/



MSU also houses the Gallatin College, which is a two-year college for degreeseeking students. Gallatin College offers three Associate of Applied Sciences degrees, one Certificate of Applied Science, and a Developmental Education Program, They also offer a Dual Enrollment program for local high school students.

St. Labre Indian Catholic Schools

Director's Office

1000 Tongue River Road

Ashland, MT 59003

Phone 1: (406) 784-4560 (Director of Schools) Phone 2: (406) 784-4594 (Administrative Assistant)

St. Charles Mission School

PO Box 29

Pryor, MT 59066

Phone 1: (406) 259-9976 Phone 2: (406) 784-4594 Email: StCharles@stlabre.org

Website: http://www.stlabre.org/SchoolSTC/

Pretty Eagle Catholic Academy

PO Box 310

St. Xavier, MT 59075 Phone: (406) 666-2215

Website: http://www.stlabre.org/SchoolPE/index.asp

St. Labre Indian School

1000 Tongue River Road Ashland, MT 59003

Phone 1: (406) 784-4580 (Elementary School

Email 1: Elementary@stlabre.org

Phone 2: (406) 784-4567 (Middle School)

Email 2: MSAcademy@stlabre.org

Phone 3: (406) 784-4565 (High School)

Email 3: HighSchool@stlabre.org

The St. Labre Indian Catholic Schools include the St. Charles Mission School in Pryor, the Pretty Eagle Catholic Academy in St. Xavier, and the St. Labre Indian School in Ashland. St. Charles Mission School and Pretty Eagle Catholic Academy serve students in kindergarten to 8th grade. St. Labre Indian School serves students in kindergarten to 12th grade. The vision of the St. Labre Indian Catholic Schools is "Education for Life." The mission of the schools is "To proclaim the Gospel of Jesus Christ according to our Catholic Tradition by providing

Resourcesfor

quality education which celebrates the Catholic faith and embraces Native American cultures, primarily the Northern Cheyenne and Crow Tribes, so that Native American individuals and communities of Southeastern Montana are empowered to attain self-sufficiency." The schools' values include respect, excellence, integrity, stewardship, spirituality and justice.

ELDERLY SUPPORT

Awe Kualawaache Care Center

10131 South Heritage Road Crow Agency, MT 59022 Phone: (406) 638-9111

The Awe Kualawaache Care Center is a nursing home for the elderly.

Crow Tribal Senior Citizens Program

PO Box 625 20 Johnny Wilson Acres Lodge Grass, MT 59050 (406) 639-2398

The Lodge Grass Senior Center serves lunch Monday-Friday from 11:00 a.m.-12:30 p.m. Elders aged 60 and older eat free. General public pay \$5/meal.

Big Horn County Senior Citizens Center

Harding Avenue and Wolf Lays Down Street Lodge Grass, MT 59050 (406) 639-2265

The Lodge Grass Senior Center serves lunch Monday, Wednesday and Friday. Elders pay \$3.50/meal. General Public may eat for a fee.

Department of Public Health and Human Services

Senior & Long-Term Care DivisionRegional Office

2121 Rosebud Drive Billings, MT 59102

Phone 1: (406) 655-7644 Phone 2: (406) 655-7635 Fax: (406) 655-7646

The mission of the Senior & Long-Term Care Division is to advocate and

A Guide to Resources for Montana promote dignity and independence for older Montanans and Montanans with disabilities by: providing information, education and assistance; planning, developing and providing for quality long-term care services; and operating within a cost-effective service delivery system. Division programs include the Medicaid Community Services Program, the Home and Community Based Services Program, the Medicaid Nursing Facility Services Program, the State Supplemental Payments Program, Ombudsman services, Adult Protective Services, Area II Agency on Aging, and Montana Legal Services Developer.

The Medicaid Community Services Program pays for personal care, skilled nursing care, home health aides, home dialysis attendants, and hospice care for elderly and disabled people eligible for Medicaid.

The Home and Community Based Services Program contracts with case managers in local communities to arrange for an array of in-home services to enable people in need of care to avoid a stay in a hospital or long-term care facility.

The Medicaid Nursing Facility Services Program pays for short-term and long-term nursing care for individuals eligible for Medicaid.

The State Supplemental Payments Program supplements the Social Security Supplemental Security Income (SSI) of eligible individuals who live in designed residential care facilities. These facilities include community homes for individuals with developmental or mental disabilities, group homes for individuals with severe disabilities, personal care homes, licensed foster homes, and transitional living homes.

Long-Term Care Ombudsman

6714 Neibauer Road Billings, MT 59106 Phone: (406) 256-6568

Email: iaoaging@usadig.com

The Long-Term Care Ombudsman is an advocate for all residents of longterm care facilities, especially nursing homes and personal care homes. The ombudsman can provide information or direct assistance related to the health, safety, and rights of residents.

Adult Protective Services-South Central Region #3

809 North Custer Hardin, MT 59034

Phone: (406) 665-8735

The Adult Protective Services Program provides social workers who investigate allegations of abuse, neglect, and exploitation for the elderly A Guide to

Resourcesfor

and people with disabilities. The social workers also arrange for and coordinate a variety of support services aimed at protecting vulnerable people from abuse and neglect.

Area II Agency on Aging

PO Box 127

Roundup, MT 59072 Phone 1: (406) 323-1320 Phone 2: 1 (800) 551-3191

Fax: (406) 323-3859

Email: areatwo@midrivers.com

Montana's Area Agencies on Aging address the needs and concerns of older Montanans at the local level. Programs include the State Health and Insurance Program and the Information, Assistance and Referral Program.

The **State Health and Insurance Assistance Program (SHIP)** provides Medicare and related health insurance information, counseling, assistance and advocacy to Montana Medicare beneficiaries, their family members, caregivers, and local professionals.

The **Information, Assistance and Referral Program** links Montana seniors, their family members, and caregivers with needed services such as social and health services, crisis and/or emergency intervention, insurance counseling and assistance, legal services development and referral, utilities assistance, meal services, adult protective services, grief and loss issues, mental health counseling, assistance with food/clothing/household needs, and education and recreational opportunities. Program technicians provide information about services, make proper referrals, and do public education and outreach within Area II communities.

Montana Legal Services Developer

PO Box 4210 Helena, MT 59604

Phone: 1 (800) 332-2272

The Montana Legal Services Developer in the Office of Aging provides seniors, family members, and social outreach workers with training and resources in elderly law. The program provides pro bono and local legal services referrals, training materials, and telephone assistance to seniors.



EMERGENCY

Big Horn County Sheriff

PO Box 908

Hardin, MT 59034 Phone: 406-665-9720 Fax: 406-665-9724

Hours: 8am - 5pm, Monday - Friday

The Big Horn County Sheriff has jurisdiction for non-Indians within the borders of the Crow reservation.

Bureau of Indian Affairs

Crow Agency

Weaver Drive BIA Building #2 PO Box 69

Crow Agency, MT 59022 Phone: (406) 638-2672 Fax: (406) 638-2380

The BIA Crow Agency provides grass and range land fire suppression services out of the Pryor station during the summers. The BIA Crow Agency also provides law enforcement services and has jurisdiction for Indians within the borders of the Crow reservation.

Montana Highway Patrol

District IV

615 South 27th Suite # A1 Billings, MT 59101-4569 Phone: 406-896-4351

The Montana Highway Patrol has jurisdiction on I-90 through the reservation.

EMPLOYMENT TRAINING AND PLACEMENT

4-H

Big Horn County Extension Office Courthouse

PO Box H

Hardin, MT 59034 Phone: (406) 665-1405

AGuide to Resources for Montana

4-H is part of the nation-wide Extension network that links research-based knowledge and technology to people where they live and work. In Montana, Extension faculty members work directly with adult and teen volunteer leaders, local advisory groups and others.

Crow Nation

Education Department Adult Vocational Training

PO Box 159

Crow Agency, MT 59022 Phone: 406-638-3700

The Tribal Education Department offers financial assistance for Crow tribal members to complete job-related training courses.

Department of Public Health & Human Services

Vocational Rehabilitation Services Region IV - Big Horn County

2121 Rosebud Drive

Suite C

Billings, MT 59102

Phone 1: (406) 248-4801

Phone 2: (888) 279-7532 (Toll Free) Phone 3: (406) 652-6046 (TTY

Fax: (406) 652-1781

Email: hhsvrbillings@mt.gov

The Vocational Rehabilitation Program helps people with disabilities find or maintain employment. The program offers services that include evaluation, career counseling and guidance, medical and psychological, training, job development and placement, rehabilitation technology, post employment, referrals, instruction, mobility training, and low vision.

Job Corps

Anaconda

1407 Foster Creek Road Anaconda, MT 59711 Phone: 406-563-8700 Fax: 406-563-8243

Website: http://anaconda.jobcorps.gov

Kicking Horse

33091 Mollman Pass Trail Ronan, MT 59864 Contact Person: Phone: 406-644-2217

Fax: 406-644-2343

Website: http://KickingHorse.jobcorps.gov

Resources for Montana

A Guide to

Trapper Creek

5139 West Fork Road Darby, MT 59829

Phone: 406-821-3286 Fax: 406-821-3290

Website: http://trappercreek.jobcorps.gov

Job Corps offers career technical training and education for young people at no cost to them or their families. Eligible young people are 16-24 years old and qualify as low-income.

Red Feather Development Group

PO Box 907

Bozeman, MT 59771 Phone: 406-585-7188

Email: bed@redfeather.org

Red Feather provides work training and education in straw bale home construction and renovations.

FAMILY SUPPORT

Crow Tribal Family Preservation Program

Mailing Address: PO Box 1060 Crow Agency, MT 59022

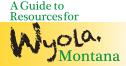
Physical Address: 218 Main Street

Lodge Grass, MT 5905

(406) 639-2680-Lodge Grass Satellite Office

(406) 638-4202-Main Office

For foster parents licensed through Title IV-E Foster Care Program: parenting classes w/childcare provided throughout year or one-on-one parenting education. These services available mid-October: clothing allowance for children in form of gift card; utilities assistance; travel assistance; respite care; supplies-pampers, baby food, cribs, etc.



IHS Indian Hospital

Follow Me/MIAMI Project

PO Box 237

Crow Agency, MT 59022 Phone: (406) 638-7283

Follow Me/MIAMI (Montana Initiative for the Abatement of Mortality Infants) Project provides follow-up services to high risk pregnant women and families with newborn children. The goal of the MIAMI project is to improve pregnancy outcomes in Big Horn County. The project provides education on healthy lifestyles during pregnancy, financial assistance to eligible women, assistance with obtaining prenatal and other appropriate community resources.

Montana Department of Public Health and Human Services

Child Support Enforcement-Big Horn County

1500 Poly Drive, Suite 200

Billings, MT 59102 Phone: 406-655-5500 Fax: 406-655-5545

Office Hours: Monday - Friday, 8am - 5pm

The Child Support Enforcement program provides services that include locating absent parents, establishing paternity, establishing financial and medical support orders, enforcing current and past-due child support, offering medical and spousal support, and modifying child support orders.

Developmental Disabilities Program-Big Horn County

Region III Office

1211 Grand Avenue Billings, MT 59101

Phone 1: (406) 247-2590 (Main Office) Fax 1: (406) 245-9437 (Main Office)

Phone 2: (406) 259-8122 (Case Management Office) Fax 2: (406) 247-2580 (Case Management Office)

Office of Public Assistance-Big Horn County

23 West Eighth PO Box 426

Hardin, MT 59034 Phone: (406) 665-8700

Fax: (406) 665-8752

The Big Horn County Office of Public assistance administers Montana Medicaid,

A Guide to Resources for Montana

the Supplemental Nutritional Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), and other programs for income-eligible children and families.

Montana Medicaid pays for a broad range of medically necessary health care and long-term care.

The **Supplemental Nutritional Assistance Program (SNAP)** provides supplemental food assistance.

Temporary Assistance for Needy Families (TANF) provides temporary financial assistance to families who have minor children, certain relatives with whom minor children are living, including siblings, women in their last trimester of pregnancy who have no other eligible children, and/or refugees with minor dependent children.

The Special Supplemental Nutritional Program for Women, Infants, and Children (WIC) provides nutritious foods such as iron-fortified cereal, milk, eggs, peanut butter, dried beans, and formula as well as nutrition education.

Early Childhood Intervention

415 North 30th Street Billings, MT 59101 Phone: (406) 247-3800

ECI provides home-based services to children from birth to 3 years old.

Healthy Montana Kids

PO Box 202951 Helena, MT 59620

Phone 1: (406) 444-6971 Phone 2: 1 (877) 543-7669 Fax 1: (406) 444-4533

Fax 2: 1 (877) 418-4533 Email: hmk@mt.gov

Healthy Montana Kids (HMK) is a free or low-cost health coverage plan for eligible Montana children and teenagers up to 19 years of age. A child can qualify for HMK based on family size and income. There are no pre-existing condition limitations.



Healthy Montana Kids Plus

PO Box 202951 Helena, MT 59620

Phone 1: (406) 444-6971 Phone 2: 1 (877) 543-7669

Fax 1: (406) 444-4533 Fax 2: 1 (877) 418-4533 Email: hmk@mt.gov

Healthy Montana Kids Plus is health coverage for children from low-income families. In addition to meeting income and resource limits, a child is only eligible if any of his or her family members fits into one of these groups: families with dependent children; pregnant women; women with breast or cervical cancer or pre-cancer; people 65 and over; and people who are disabled.

GENERAL SERVICES

Big Horn County Clerk and Recorder

Room 203, Second Floor Big Horn County Courthouse 121 West 3rd PO Box 908 Hardin, MT 59034

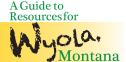
Phone: (406) 665-9730 Fax: (406) 665-9738

Hours: 8am – 5pm, Monday – Friday

Services by the Clerk and Recorder Office include processing applications for birth certificates, death certificates, military discharge, and reality transfer certificate.

Board of Commissioners

Room 302, Third Floor Big Horn County Courthouse 121 West 3rd PO Box 903 Hardin, MT 59034 Phone: (406) 665-9700



Fax: (406) 665-9706

Hours: 8am – 4pm, Monday – Friday

The Board of Commissioners Office is responsible for approving the use of the Big Horn County Community Hall, Courthouse Meeting Rooms, and stand-by ambulance service for an event.

Connie Howe

PO Box 2 Wyola, MT 59089 (406) 343-2207

Email: tigger howe@hotmail.com

Grant writer, baker.

Disaster and Emergency Services

121 Third Street West PO Box 908 Hardin, MT 59034

Phone: (406) 665-1731

Hours: 8am – 5pm, Monday – Friday

Big Horn County Disaster and Emergency Services provides weather information, disaster and emergency preparedness information, health information, and disaster emergency services.

District Court

Room 221, Second Floor **Big Horn County Courthouse** 121 West 3rd PO Box 908 Hardin, MT 59034

Phone: (406) 665-9750 Fax: (406) 665-9755

The Big Horn County District Court provides assistance with obtaining a marriage license and passport.

Elections Administrator

Room 203, Second Floor **Big Horn County Courthouse** 121 West 3rd PO box 908 Hardin, MT 59034

Phone: (406) 665-9730

Resourcesfor

A Guide to

Fax: (406) 665-9738

Hours: 8am – 5pm, Monday – Friday

The Elections Administrator Office assists with voter registration, absentee voting, and location of polling places.

Extension Office

Room 101, First Floor Big Horn County Courthouse 121 West 3rd PO Box 908 Hardin, MT 59034

Phone: (406) 665-9771 Fax: (406) 665-9776

The Extension Office assists with 4H Animal Record, 4H Enrollment, 4H Indoor Project Record, the Indoor Animal Project, the Outdoor Animal Project, the Heywood Sheep Award, and use of the Big Horn County Fair Grounds.

Johnny Castro

PO Box 577 Lodge Grass, MT 59050 (406) 639-8918

Plumbing, electrician, carpentry for \$20/hour.

Roads Department

803 North Center Avenue

PO Box 334

Hardin, MT 59034 Phone: (406) 665-9860 Fax: (406) 665-3465

The Roads Department assists with removing junk vehicles.

Rural Fire

Room 303, Third Floor Big Horn County Courthouse 121 West 3rd PO Box 908

Hardin, MT 59034 Phone: (406) 665-9736 Fax: (406) 665-9706

Hours: 8am - 5pm, Monday - Friday

Rural Fire assists with obtaining burn permits.



Crow Tribe

Enrollment Department

PO Box 159

Crow Agency, MT 59022 Phone: (406) 638-3700 Fax: (406) 638-3881

The Crow Tribal Enrollment Department assists with determining eligibility for enrollment, Certificate of Indian Blood requests, sporadic income verification, tribal identification card requests, change of address requests, and processing tribal enrollment applications.

Montana-Dakota Utilities Co.

400 North Fourth Street Bismarck, ND 58501 Phone: (800) 638-3278

Email: <u>customerservice@mdu.com</u>
Website: www.montana-dakota.com

Montana-Dakota Utilities Co. offers gas, electric, and repair services to customers in Montana, North Dakota, South Dakota and Wyoming.

Farmers Union Oil Company

PO Box 560 Old Hwy 87 Lodge Grass, MT 59050 (406) 639-2413 Gas, propane, tire repair, tires for sale Monday-Saturday: 6:30-6 p.m.

Lodge Grass Propane & Supplies

11 Hester Avenue Lodge Grass, MT 59050

United States Post Office

15 S Mondell Ave Wyola, MT 59089 Phone: (406) 343-2131

Standard mail, priority mail (2-3 days), express mail (overnight).

Hours: Monday through Friday: 8 a.m. - 5 p.m.

Saturday: 9 a.m.-11 a.m.

Collection times: Monday through Friday: 4:30 p.m. Saturday: 10:30 a.m.

A Guide to Resources for Montana

Big Horn County Electric Cooperative, Inc.

PO Box 558 253 Medicine Horse Road Lodge Grass, MT 59050 (406) 639-2341

Website: bhcec.com

Residential: Available to consumers of the Cooperative for all farms, homes, village, school, church and community hall uses subject to its established rules and regulations. The capacity of individual motors served under this schedule may not exceed ten (10) horsepower, unless approved by the Cooperative. Schools, churches and community halls that require more than 15 kva of transformer capacity or three-phase service will be served under Large Commercial.

Irrigation: Single phase or three phase at standard secondary voltages is available for irrigation pumps located adjacent to the Cooperative's lines during the months of May through September, provided the Cooperative has sufficient available capacity, all subject to its established rules and regulations. The consumer shall agree to maintain a power factor of not less than 80%. Should measurements indicate that the power factor of the service is less than 80%, the consumer agrees, upon sixty days written notice to correct such power factor to 80%. The Cooperative shall determine the connected horsepower by nameplate rating of the motors, or at its option, by test under conditions of maximum operating load. Motors having a rated capacity in excess of ten (10) horsepower must be three phase, unless otherwise approved by the Cooperative. All wiring, pole lines, and other electrical equipment beyond the service point will be considered the distribution system of the consumer and shall be furnished and maintained by the consumer.

Small Commercial. Large Commercial. Industrial. Line Extensions . Upgrades. Line Removals.

Misc. Fees

Yard Lights – Please see rate schedule for light size.

Deposits – Minimum \$285.00 (based on previous usage at that meter) reimbursed after one year if account is in good credit standing Record's Fee - \$7.50

Collection Fee - \$100.00

NSF Fee - \$20.00

Reconnect Fee - \$50.00



HEALTH AND DENTAL CARE

Lodge Grass Health Clinic

PO Box 780 418 Harding Avenue Lodge Grass, MT 59050 Phone: (406) 639-2317

FAX: (406) 639 3569

The health center provides curative and preventive health services to the Lodge Grass and Wyola areas of the Crow Reservation. Patients with acute health problems are referred to the Crow/Northern Cheyenne Indian Hospital for further evaluation, and if necessary, direct or indirect contract hospitalization. The health center provides a limited range of laboratory/radiology services, pharmaceutical care and a 3-Chair Dental Clinic.

Public health nursing and mental health services are available full-time with other preventive health services provided by staff stationed at the Crow/Northern Cheyenne Hospital.

Big Horn County Health Department

809 Custer Avenue Hardin, MT 59304 Phone: (406) 655-1005

The Big Horn County Health Department assists families with obtaining immunizations for their children.

Big Horn Hospital Association

17 North Miles Hardin, MT 59034 Phone: 406-665-2310

The Big Horn Hospital Association includes the Big Horn County Memorial Hospital, a clinic, and the Heritage Acres Nursing Home. Services include emergency, geriatric care, assisted living, general surgery, orthopedic surgery, podiatry surgery, cataract surgery, diagnostic imaging, cardiac rehabilitation, physical therapy, nursery, laboratory, nutritional counseling, social services, and education and outreach.



Billings Clinic

Main Campus

801 North 29th Street Billings, MT 59107

Phone 1: (406) 238-2500 Phone 2: 1 (800) 332-7156

Billings Clinic Hospital

2800 10th Avenue North PO Box 37000 Billings, MT 59107-7000 Phone 1: (406) 238-2500

Phone 2: 1 (800) 332-7156

Billings Clinic Heights

760 Wicks Lane Billings, MT 59105

Phone 1: (406) 238-2575 Phone 2: 1 (800) 332-7156

Billings Clinic West

2675 Central Avenue Lamplighter Square Billings, MT 59102

Phone 1: (406) 238-2900 Phone 2: 1 (800) 332-7156

Cardiovascular Services

1020 North 27th Street 2nd Floor 27th Street Medical Building PO Box 37000 Billings, MT 59107-7000 Phone: (406) 238-2000

Home Oxygen and Durable Medical Equipment

801 North 27th Street Billings, Mt 59101 Phone: (406) 657-4999

Orthopedic and Sports Medicine

2702 8th Avenue North PO Box 37000

Billings, MT 59107-7000 Phone: (406) 238-5200

A Guide to Resources for Montana The Billings Clinic offers 272 beds, 14-suite Family Birth Center with a level III Neonatal Intensive Care Unit, 15-bed Transitional Care Unit, level II Emergency and Trauma Center, Inpatient cancer care unit, surgery center, the region's largest multi-specialty group practice with 46 specialties, a research center which includes an analytical lab, research kitchen, and bone density machines.

Crow/Northern Cheyenne Hospital-Indian Health Service

PO Box 9

10110 South 7650 East Crow Agency, MT 59022 Clinic: (406) 638-3323 Switchboard: (406) 638-2626

Admin: (406) 638-3461 FAX: (406) 638-3569

HEALTH RESOURCES

The existing hospital facility provides general medical, pediatric, newborn, and OB/GYN inpatient services. Surgical services such as ENT, general surgery, limited orthopedic and ophthalmology are performed in the Crow/Northern Cheyenne Indian Hospital through contractual arrangements with specialists in Sheridan, Wyoming, and Billings, Montana.

PREVENTIVE HEALTH SERVICES

A full complement of preventive health services is provided to the Indian population residing on the Crow Reservation. Preventive health services such as mental health, public health nursing, medical social services, public health nutrition, public health education, environmental health and engineering are available. The IHS staff provides services to all reservation communities, the Lodge Grass Health Center and the Pryor Health Station.

FAMILY PLANNING

It is the goal of the Billings Area IHS that all pregnancies be planned and wanted, optimally spaced for the health of the mother and the child, and all children can be supported with love and care. At the same time, the decision to have or not to have a pregnancy or to use a contraceptive device or method is a decision of the individual. Family planning information is provided as an integral part of all health care.

IHS CROW SUBSTANCE ABUSE PROGRAM

Located in Crow Agency, Montana, this treatment center provides chemical dependency evaluations and assessments, referrals to inpatient treatment, intensive outpatient services, aftercare services, and drug and alcohol education. Assessments and referrals for adults and adolescents, prevention activities, crisis intervention services, and transportation to local Alcoholics

Montana Montana

A Guide to Resources for Anonymous (A.A.) meetings are also provided at this center. This program is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

CONTRACT HEALTH SERVICES

In addition to medical care provided in our IHS facilities, we also purchase specialty services/care from the private sector through the CHS Program. The purpose of the CHS program is to provide health services otherwise not available to patients in the IHS facilities, either because the illness is beyond the capacity of the IHS program or because the patient is temporarily away from the IHS delivery area. Referral sources are established with specialty care providers/facilities for patients who meet the CHS eligibility requirements and need specialty care.

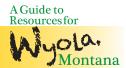
- Indian patients must meet the following basic eligibility requirements to qualify for CHS funding:
- Indian descent
- Residency within CHS delivery areas
- No alternate sources of payment/care, e.g., Medicare, Medicaid, VA facilities, etc. Relative medical need, the medical care required must meet the priority level utilized at the local IHS facility for CHS referral
- Meet notification requirements prior approval for non-emergencies and
 72 hour notification after initiation of emergency services

WOMEN, INFANTS, AND CHILDREN (WIC)

WIC is a federally funded (USDA) program designed to be part of an on-going health care program. It provides nutrition education and nutritious food supplements to women (pregnant, nursing, or six months postpartum), infants, and children 1-5 years of age.

ENVIRONMENTAL HEALTH

Environmental Health Services (EHS) include an active Environmental Health Program, which involves injury prevention, institutional health, water, sewer and solid waste activities, food service hygiene and epidemiology duties. The EH&E Program consists of one IHS sanitarian who deals with institutional environmental health, injury prevention, and all other components of environmental health, and one Construction Inspector who performs water, sewer, solid waste and operational and maintenance duties.



COMMUNITY HEALTH REPRESENTATIVE (CHR)

The CHR Program (established by IHS in 1968) is based on the concept that the training of the community members in the basic skills of the health care provision, disease control, and prevention, would be able to achieve the most success in effecting change in community acceptance and utilization of limited health care resources. CHR's paraprofessionals' services concentrate their efforts in providing quality outreach care, and health promotion/disease prevention (HP/DP) services throughout the communities. Through increased basic skills and specialty training efforts, the CHR's have demonstrated the adaptability in addressing many of the health needs in an ever-changing environment. The CHR Programs develop projects to provide health education, patient care, case screening, monitoring and management. The CHR's may also provide homemaker services as well as needed transportation. Specific health areas include: diabetes, cancer, hypertension, HIV/AIDS, communicable diseases, alcohol and substance abuse, community injury control, maternal child health (MCH), dental, mental health, and gerontology. A majority of the program's efforts pertain to HP/DP projects such as personal and community fitness and nutrition programs. A major role of the CHR is to act as the liaison between the community and local IHS. This role has proven to be invaluable to the benefit of the Indian community and their health needs.

COMMUNICATIONS DISORDERS PROGRAM

Regular ENT clinics that include otologic and audiologic services are provided every Monday and Thursday of the month. An ENT clinic including the services of a board certified otolaryngologist is provided every other month. The purpose of this clinic is to provide postoperative care, diagnostic evaluations, and to identify individuals who need surgical intervention. An additional hearing aid clinic is provided monthly on the last Wednesday of the month. The Pryor Health Station provides monthly services the first Wednesday of the month. The Lodge Grass Health Center provides ENT services the second Wednesday of each month. The program has also initiated and will monitor a Universal Newborn Infant Hearing Screening Program. Speechlanguage services are available through contract on a once a week basis. The Communications Disorders Program funds Developmental Assessment Clinics held twice a year.

DIALYSIS

The Absaloka Dialysis Center is a tribally contracted facility operated as a satellite facility of the Northern Rockies Kidney Center (NRKC), an affiliate of the Deaconess Medical Center, Billings, Montana. This center is located in Crow Agency and operates 6 days per week serving both Indian and non-Indian patients. The center has 10 stations (1 isolation) for dialyzing approximately 27 patients and has been operational since August 1996. The dialysis center is

Montana

Medicare accredited and staff from the NRKC provides monthly services to the patients.

Follow Me/MIAMI Project

PO Box 237

Crow Agency, MT 59022 Phone: (406) 638-7283

Follow Me/MIAMI (Montana Initiative for the Abatement of Mortality Infants) Project provides follow-up services to high risk pregnant women and families with newborn children. The goal of the MIAMI project is to improve pregnancy outcomes in Big Horn County. The project provides education on healthy lifestyles during pregnancy, financial assistance to eligible women, assistance with obtaining prenatal and other appropriate community resources.

Montana Department of Public Health and Human Services

Blind and Low Vision Services

2121 Rosebud Drive

Suite C

Billings, MT 59102

Phone 1: (406) 248-4301 Phone 2: (888) 279-7532

Fax: (406) 652.1781

Montana WIC/Nutrition

Cogswell Building C305 1400 Broadway PO Box 202951 Helena, MT 59620

Phone 1: (406) 444-5533 (Central Office) Phone 2: (800) 433-4298 (Central Office)

Phone: (406) 638-4038 (Crow Reservation Office)

The WIC Program helps families with foods such as milk, cheese, eggs, juice, peanut butter, beans, cereal, whole grain items, fruits and vegetables, baby food, and infant formula. The program also provides other services free of charge to pregnant women, breastfeeding and post partum women, infants and children up to 5 years of age. Eligible families are married or single and working or not working parents who meet the income limitations.

Health Resources Division Montana Pharm Assist Program

Montana-Pacific Quality Health ATTN: Montana PharmAssist 3404 Cooney Drive Helena, MT 59602



Phone 1: (406) 444-0440 Phone 2: 1(866) 913 2323

The Montana PharmAssist Program is for all Montana citizens that will benefit from a no cost in-depth consultation with licensed and credentialed participating pharmacists. The program is open to all Montana citizens, regardless of age or income. Call to request a Patient Packet and apply for this program.

Big Sky Rx Program

PO Box 202915 Helena, MT 59620

Phone 1: (406) 444-1233 Phone 2: 1 (866) 369-1233

Website: www.bigskyrx.mt.gov

The Big Sky Rx Program helps Medicare clients pay for Medicare approved prescription drug insurance premiums. To be eligible you must be a resident of Montana, be a Medicare recipient, and meet income criteria.

Planned Parenthood of Montana

Billings Heights Clinic

100 West Wicks Lane Billings, MT 59105

Website: http://www.plannedparenthood.org/montana

Billings West Clinic

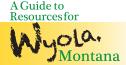
1844 Broadwater Avenue

Suite 4

Billings, MT 59101 Phone: (406) 869-5077

Website: http://www.plannedparenthood.org/montana

Planned Parenthood of Montana clinics offer the following services: female physical exams; male reproductive health exams; colposcopy, cryotherapy, and LEEP (testing and treatment for precancerous cervical conditions); transgender services; birth control information and supplies (pills, condoms, IUD's, Depo-Provera, diaphragm, vaginal ring, cervical cap and patch); emergency contraception (prevents pregnancy up to 120 hours after unprotected intercourse); pregnancy testing, options education, and information; abortion services; testing for treatment of sexually transmitted infections; HIV testing and referral; mid-life and menopausal care; and general family practice.



St. Vincent Healthcare

1233 North 30th Street Billings, Mt 59101 Phone: (406) 657-7000

St. Vincent Healthcare offers a full range of services including cardiology, neuroscience, orthopedic, surgery, and women's and children's services.

HOUSING AND BASIC NEEDS

Apsáalooke Nation Housing Authority

PO Box 99

Crow Agency, MT 59022 Phone: 406-638-2665 Fax: 406-638-2668

Website: www.crowhousing.org

The Tribal Housing Authority provides low-rent housing to eligible families and the elderly.

Montana Department of Public Health and Human Services

Human Resource Development Council

District VII 7 North 31st Street PO Box 2016 Billings, MT 59103

Phone 1: (406) 247-4732 Phone 2: (800) 433-1411

www.hrdc7.org

District VII Human Resource Development (HRDC) offers low-income energy assistance through the administration of two programs: the Weatherization Program and the Low Income Energy Assistance Program (LIEAP).

The Weatherization Program helps participants to improve the heating efficiency of their homes and thus reduce their energy consumption.

The Low Income Energy Assistance Program (LIEAP) pays part of winter energy bills for eligible people. Most utilities offer LIEAP recipients discounts on their bills.



LEGAL AND IMMIGRATION

Crow Tribe Legal Department

Crow Agency, MT 59022 Phone: (406) 638-3917

Crow Tribe Juvenile Healing to Wellness

Crow Agency, MT 59022 Phone: (406) 638-7430

Provides diversion for 12-18 yr. olds for alcohol/drug related issues. Referral through Crow Tribal Court or by parent. Referral to Healing to Wellness Program providing: urine analysis; curfew; weekly groups; community service.

Steve Yapuncich-Legal Advocate

PO Box 305 Wyola, MT 59089 (406) 343-2622 (home) (406) 620-2025 (cell) Fax: (406) 343-5731

Assists with sobriety, legal, bail bonds, employment, spiritual mentoring, butcher skills, cooking skills.

Montana Legal Services

2442 First Avenue North Billings, MT 59101 Phone: 406-248-7113

Hours: Monday – Friday, 8am – 5pm; Wednesday, 1pm – 5pm

Montana Legal Services offers free legal advice in almost every area of law, except criminal law.

MENTAL HEALTH

Altacare, a Comprehensive School and Community Treatment Program (CSCT)

800-477-1067, or 406-494-4183

Altacare is Montana's leading provider of in-school mental health services. With Altacare, children and adolescents can receive intensive outpatient treatment while they attend school - causing little-to-no disruption to their normal lives.

To discuss a referral: cdziak@acadiahealthcare.com

Resources for Montana

A Guide to

A.W.A.R.E., Inc.

www.aware-inc.org

Community-based services. Mental, emotional and physical needs. Ask about parent and sibling support groups in our community.

Big Horn County Mental Health Center

809 N. Custer Avenue Hardin, MT 59034 (406) 665-8730

Provides outpatient mental health counseling; chemical dependency counseling; state-approved ACT/DUI Program-referral through court; probation and parole-Cognitive Principles and Restructuring Program/Relapse Program; Hardin-School-Based Program: free chemical dependency evaluation/screening-referral through school/parents. Free grief support group meets Wednesdays 1-2 p.m. Accepting Medicare, Medicaid, most insurance and financial assistance available based on income.

Billings Behavioral Health

1020 North 27th Street Billings, MT 59101 Phone: (406) 255-8550 Fax: (406) 255-8550

Billings Behavioral Health provides quality, professional, comprehensive mental health and substance abuse treatment services.

Crow Northern Cheyenne Hospital

The mission of the Crow/Northern Cheyenne Hospital is to work in partnership with the people we serve to elevate their physical, mental, social and spiritual health to the highest level. Our vision statement is "We believe a "Healthy Population" exists through a creative and innovative health care system driven by the health care needs established cooperatively with those we serve."

Crow/Northern Cheyenne Hospital

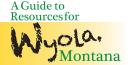
P.O. Box 9

Crow Agency, Montana 59022

Main: (406) 638-3500 Fax: (406) 638-3569

Lodge Grass Health Clinic

P.O. Box AD Lodge Grass, Montana 59050



Main: (406) 639-2317 Fax: (406) 639-2976

Crow Tribe

Suicide Prevention Program

PO Box 159

Crow Agency, MT 59022 Phone: 406-638-4094 Fax: 406-638-4097

The Crow Tribal Suicide Prevention Program works with Crow youth and communities to spread awareness about meth and suicide prevention.

Montana Department of Public Health and Human Services

Addictive and Mental Disorders Division Montana Chemical Dependency Center

2500 Continental Drive

Butte, MT 59701

Phone: (406) 496-5400 Fax: (406) 496-5437

The Montana Chemical Dependency Center is the only in-patient center administered by the State. The Center serves individuals 18 years of age or older who have been diagnosed as having an addiction to drugs or alcohol or who suffer from both addiction and mental disorders. The center provides detoxification and a full range of medically monitored treatments.

Montana State Hospital

PO Box 300

Warm Springs, MT 59756 Phone 1: (406) 693-7069

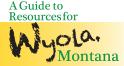
Phone 2: (406) 693-7213 (TTY)

Fax: (406) 693-7069

The Montana State Hospital is the only public psychiatric hospital in the state. The Hospital provides inpatient psychiatric treatment for adults with serious mental illness. Services provided include evaluation and assessment; medication management; individual and group therapy; psycho-educational programs; rehabilitation and vocational services; chemical dependency treatment; and peer support.

Montana Mental Health Nursing Care Center

800 Casino Creek Drive Lewiston, MT 59457



Phone: (406) 538-7451 Fax: (406) 538-2863

The Montana Mental Health Nursing Care Center is a long term care facility for individuals who have a mental disorder, require a level of care not available in the community, but who cannot benefit from the intense psychiatric treatment available at Montana State Hospital.

National Alliance on Mental Health Billings-NAMI

1645 Avenue D

Suite G

Billings, MT 59102 Phone: (406)256-2001

Email: libby@namibillings.org
Website: www.namibillings.org

Billings provides advocacy, support groups and education for individuals with mental illness and also for their families. Community resources. Services are free of charge.

Rimrock Foundation

1231 North 29th Street Billings, MT 59101

Phone: (406) 248-3175 or (800) 226-3953 Hours: Monday – Friday, 8am – 5pm Website: <u>http://www.rimrock.org</u>

The Rimrock Foundation provides inpatient treatment services for alcohol and drug dependency, eating disorders, and co-occurring disorders that include mental health issues such as depression and gambling. Services are available to individuals 12 years and older. They offer Teen Alcohol Treatment and Teen Drug Treatment programs. They also have a library that provides patients, families and the public with the latest in alcohol, drug, and mental health information.

South Central Regional Mental Health Clinic

1245 North 29th Street Billings, MT 59101 Phone: (406) 252-5658 Fax: (406) 238-3617

Email: info@mhcbillings.org

Website: http://www.mhcbillings.org/

The South Central Regional Mental Health Clinic provides mental health and chemical dependency evaluation and treatment services. They also have youth case management for adolescents with chemical dependency or abuse issues.

Wyola, Montana

South Central Montana Community Mental Health Center

Billings Office

1245 North 29th Street

PO Box 219

Billings, MT 59102

Phone: (406) 252-5658 Fax: (406) 252-4641

Website: http://mhc.com

Billings Rainbow House

925 North 18th Street Billings, MT 59103 Phone: (406) 252-7851

Billings Group Home #2

920 Parkhill Drive Billings, MT 59102

Phone: (406) 248-2925

The Mental Health Center provides quality, professional, comprehensive mental health and substance abuse treatment services. Services are available to residents in the greater Yellowstone County area including 10 surrounding communities.

Youth Dynamics

2334 Lewis Avenue Billings, MT 59102 Phone: (406) 245-6539

Email: vlapp@youthdynamics.org

Website: http://www.youthdynamics.org/

Youth Dynamics provides a full range of youth centered behavioral and mental health and substance abuse outpatient and residential services. They also provide foster care visitation services, case management and emergency shelter care programs. Counseling, mentoring, family support, case management, respite care, therapeutic foster care and youth group homes, shelter care, independent and supported living skills.



Recreation

Big Horn County Historical Museum and Visitor Center

Route 1 PO Box 1206A Hardin, MT 59034 Phone: 406-665-1671 Fax: 406-665-3068

Email: bonnie@bhwi.net

Website: http://www.bighorncountymuseum.org

Hours: May – September, 8am – 6pm, Daily; October – April, 9am – 5pm,

Monday – Friday

The Big Horn County Historical Museum consists of 26 historical buildings. The mission of the museum is to collect, preserve, research, restore and exhibit artifacts pertinent to the history and culture of Big Horn County in a manner that is educational. The museum offers special programs, educational and private tours, and is open to the public for special events such as family reunions and weddings.

Chief Plenty Coups State Park

PO Box 100 Pryor, MT 59066

Phone: (406) 252-1289

Website: http://stateparks.mt.gov/parks/visit/chiefPlentyCoups Hours: May – September, 8am – 8pm, Daily; October – April,

8am – 5pm, Monday - Friday

Chief Plenty Coups State Park consists of the log home, sacred spring, and farmstead of Chief Plenty Coups, as well as a visitor center with a gift shop.

Custer Battlefield Museum

PO Box 200

Garryowen, MT 59031 Phone: (406) 638-1876 Fax: (406) 638-2019

Email: info@custermuseum.org

Website: http://www.custermuseum.org

The Custer Battlefield Museum has a number of exhibits including the David F. Barry Collection, Battle of the Little Big Horn, Frontiersmen, Military Life, and Plains Indian Culture.



JailHouse Gallery

218 North Center Hardin, MT 59034

Phone: 406-665-3239

Email: jhghardin@hotmail.com

<u>Little Big Horn Battlefield National Monument</u>

PO Box 39

Crow Agency, MT 59022 Phone: 406-638-2621 Fax: 406-638-2623

Email: <u>LIBI_administration@nps.gov</u> Website: <u>http://www.nps.gov/libi</u>

Hours: April – May, 8am – 6pm; June – August, 8am – 9pm; September – October, 8am – 6pm; November – March, 8am – 4:30pm

Real Bird Reenactment

The Little Bighorn Battle Reenactment is held in June. This reenactment is located between Crow Agency, the Little Bighorn National Park / Museum, Reno-Benteen Battlefield, and Garryowen's Custer Battlefield Museum.

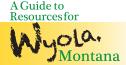
Began almost 20 years ago by the Real Bird Family, the Battle of the Little Bighorn Re-enactment was started to share more of the Native Americans history and to showcase the land where Sitting Bull's camp was located and a portion of the battle took place. "The Land is the Star here," is what Kennard Real Bird has repeatedly said of his families' reenactment. The spirit of the land, the trees, the people, and the river make this place alive with history!

Tongue River Valley Community Center

Mailing Address: PO Box 792 Ranchestor, WY 82836 Physical Address: 1100 US Highway 14 Dayton, WY 82839 (307) 655-9419

Website: <u>www.trvcc.org</u>

Educational, social, recreational and cultural opportunities that enhance selfesteem, promote self-reliance, and cultivate positive values and good character. Scholarship assistance available upon request for membership.



SOCIAL SERVICES

BIA Human Services

PO Box 69 Weaver Drive, Building #2 Crow Agency, MT 59022

(406) 638-2526

Fax: (406) 638-2084

Suicide prevention; meth initiative: prevent alcohol and drug abuse; family preservation-keeping families together; child and adult protection; parenting classes; counseling; general assistance. Make an appointment for an assessment.

Crow Tribe

Apsáalooke Social and Family Services

PO Box 159

Crow Agency, MT 59022 Phone: 406-638-3925 Fax: 406-638-3958

The Apsáalooke Social and Families Services offers assistance to Crow tribal members in the areas of family preservation, the Indian Child Welfare Act (ICWA), and IV-E Foster Care.

Legal Department

Crow Agency, MT 59022 Phone: (406) 638-3917

The Crow Tribal Legal Department is the designated agent for notice of Indian Child Welfare Act (ICWA) cases on the Crow reservation.

Montana Department of Public Health and Human Services

Child and Family Services Division – Big Horn County

409 North Center

PO Box 367

Hardin, MT 59034

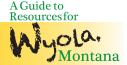
Phone 1: (406) 665-9840

Phone 2: 1 (866) 820-5437 (Child Abuse Hotline) Phone 3: 1 (866) 341-8811 (TTY Child Abuse Hotline)

Phone 4: 1 (866) 936-7837 (Foster Care)

Fax: (406) 665-9844

Email: AskAboutFosterCare@mt.gov



The Children & Family Services Division provides state and federally mandated protective services to children who are abused, neglected or abandoned. This includes receiving and investigating reports of child abuse and neglect, working to prevent domestic violence, helping families to stay together or reunite, and finding placements in foster or adoptive homes.

Adoption: Children who are available for adoption through the Child and Family Services Division have been removed from their own families because of abuse, neglect or other family problems that make it unsafe for them to remain at home. The rights of the family have been terminated making the children available for adoption. Married couples or single adults who have an approved pre-placement evaluation or adoptive home study may adopt in the State of Montana. The Child and Family Services Division helps with the application for a home study and provides training for all foster and adoptive parents.

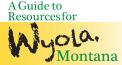
Foster Care: Children needing foster care range in age from infants to teenagers. They come from many different backgrounds and some have been abused, neglected, or abandoned by their parents or other caretakers. Foster parents are expected to provide for the physical and emotional needs of children placed in their home and provide a safe and stable home environment. Anyone who is at least 18 years of age and in good physical and mental health may apply to become a foster parent. Single people, couples, people with or without children, all may be eligible. The ability to provide an environment that protects and promotes the well-being of a child or children is most important.

Human Resources Development Council~ Community Action Agency

7 North 31st Street PO Box 2016 Billings, MT 59103 (406) 247-4732

Website: <u>www.hrdc7.org</u>

We offer a wide variety of services including: Youth Employment and Training programs; Transitional Living for Young mother's (ages 18-21 in Billings); Weatherization; Energy Assistance; Housing Assistance (including Section 8 rental assistance and housing counseling); Free Income Tax Assistance (for tax preparation); Childcare Assistance; Childcare Provider Training; and Financial Literacy Training and Savings Programs.



SPIRITUALITY

Father Jim Antoine

PO Box 509 220 S. Main St. Lodge Grass, MT 59050 (406)639-2254 jimanto@nemont.net

Services: Counseling, prayer for healing. Call for an appointment.

Pastor Myron Falls Down

PO Box 111 Wyola, MT 59089 (406) 343-2171

Services to members of El Shaddai Church: prelimary intervention programs for substance abuse, marital counseling, vocational and educational counseling, aftercare. Services to non-members of El Shaddai Church: subsequent referrals.

Baptist Youth Group

Brandon Bird Far Away

(406) 259-8434

Located across the street from the Wyola Post Office.

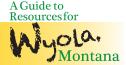
Youth group meets Monday nights at 7 p.m. for snack, indoor/outdoor games, Bible study.

SUBSTANCE ABUSE AND ADDICTION

Big Horn County Mental Health Center

809 N. Custer Avenue Hardin, MT 59034 (406) 665-8730

The Center provides: outpatient mental health counseling; chemical dependency counseling; state-approved ACT/DUI Program-referral through court; probation and parole-Cognitive Principles and Restructuring Program/Relapse Program; Hardin-School-Based Program; and free chemical dependency evaluation/screening-referral through school/parents. Free grief support group meets Wednesdays 1-2 p.m. Accepting Medicare, Medicaid, most insurance and financial assistance available based on income.



Billings Behavioral Health

1020 North 27th Street Billings, MT 59101 Phone: (406) 255-8550

Fax: (406)255-8550

Billings Behavioral Health provides quality, professional, comprehensive mental health and substance abuse treatment services.

Crow Nation Wellness Center

PO Box 669 10110 South 7650 East Crow Agency, MT 59022 (406) 638-3361

Fax: (406) 638-3460

Chemical dependency evaluation; education and clinical services; community prevention/awareness. Referrals for chemical abuse/addiction to residential inpatient treatment and the following groups: Intensive outpatient, primary outpatient, anger management, co-dependency, D.U.I. classes, cultural counseling, sweat ceremony, adolescent outpatient, relapse prevention (Aftercare). Referrals made by self, courts, schools and parents if under 18 years old.

Montana Department of Public Health and Human Services

Addictive and Mental Disorders Division Montana Chemical Dependency Center

2500 Continental Drive Butte, MT 59701

Phone: (406) 496-5400 Fax: (406) 496-5437

The Montana Chemical Dependency Center is the only in-patient center administered by the State. The Center serves individuals 18 years of age or older who have been diagnosed as having an addiction to drugs or alcohol or who suffer from both addiction and mental disorders. The center provides detoxification and a full range of medically monitored treatments.

Montana State Hospital

PO Box 300

Warm Springs, MT 59756 Phone 1: (406) 693-7069

Phone 2: (406) 693-7213 (TTY)

Fax: (406) 693-7069

A Guide to Resources for Montana

The Montana State Hospital is the only public psychiatric hospital in the state. The Hospital provides inpatient psychiatric treatment for adults with serious mental illness. Services provided include evaluation and assessment; medication management; individual and group therapy; psycho-educational programs; rehabilitation and vocational services; chemical dependency treatment; and peer support.

Red Lodge Mental Health Center

Outpatient Treatment

206 N. Broadway Red Lodge, MT 59068 Phone: (406) 446-2500

The Red Lodge Mental Health Center provides psychiatric services, including outpatient, older adult, emergency, psychiatric, case management, transitional living, chemical dependency and aftercare.

Rimrock Foundation

1231 North 29th Street Billings, MT 59101

Phone: (406) 248-3175 or (800) 226-3953 Hours: Monday – Friday, 8am – 5pm Website: http://www.rimrock.org

The Rimrock Foundation provides inpatient treatment services for alcohol and drug dependency, eating disorders, and co-occurring disorders that include mental health issues such as depression and gambling. Services are available to individuals 12 years and older. They offer Teen Alcohol Treatment and Teen Drug Treatment programs. They also have a library that provides patients, families and the public with the latest in alcohol, drug, and mental health information.

Seven Hills Healing Center

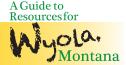
Approximately 13 miles southeast of Fort Smith, MT. Take Highway 313 and turn on Soap Creek Road. (406) 666-2403/2404

Fax: (406) 666-2407

Apsáalooke culturally based substance abuse inpatient treatment for adult men with referral by Crow Nation Wellness Center. 45 day minimum stay. Call (406) 638-3361 for assessment.

South Central Regional Mental Health Clinic

1245 North 29th Street Billings, MT 59101



Phone: (406) 252-5658 Fax: (406) 238-3617

Email: info@mhcbillings.org

Website: http://www.mhcbillings.org/

The South Central Regional Mental Health Clinic provides mental health and chemical dependency evaluation and treatment services. They also have youth case management for adolescents with chemical dependency or abuse issues.

South Central Montana Community Mental Health Center

Billings Office

1245 North 29th Street PO Box 219

Billings, MT 59102 Phone: (406) 252-5658 Fax: (406) 252-4641 Website: http://mhc.com

Billings Rainbow House

925 North 18th Street Billings, MT 59103 Phone: (406) 252-7851

Billings Group Home #2 920 Parkhill Drive Billings, MT 59102 Phone: (406) 248-2925

The Mental Health Center provides quality, professional, comprehensive mental health and substance abuse treatment services. Services are available to residents in the greater Yellowstone County area including 10 surrounding communities.

Youth Dynamics

2334 Lewis Avenue Billings, MT 59102 Phone: (406) 245-6539

Email: vlapp@youthdynamics.org

Website: http://www.youthdynamics.org/

Youth Dynamics provides a full range of youth centered mental health and substance abuse outpatient and residential services. They also provide foster care visitation services, case management and emergency shelter care programs.

AGuide to Resources for Montana

Transportation

Crow Nation Transit Service

Dispatch Office located in Crow Tribal Administration Office on Baacheche Avenue PO Box 159 Crow Agency, MT 59022 (406) 638-3810

3 Routes that stop at the following: Wyola-Post Office, Lodge Grass-IGA, Crow Agency-Teepee Gas Station, Hardin-Flying J, Billings-B.I.A., Billings-I.H.S., Billings-Town Pump (near Metra), Billings McDonald's-Southgate Drive, St. Xavier, Fort Smith National Park Service, St. Xavier-Post Office, Pryor-Post Office. Senior Citizens 65 and older with ID ride free; people with disability ride free; students and employees of Little Big Horn College and of Big Horn County with ID ride free. Purchase tickets: one-way, round trip, 30-day pass.

Greyhound/Trailways Bus Line

800-231-2222

Sheridan County Behavioral, Counseling, and Mental Health

Banner Counseling Services

COUNTY OFFICE:

Sheridan County: (307) 683-2565

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Services provided include therapy, hypnosis, and coaching. Areas of expertise include marital/couples, depression/anxiety, women's issues, communication, health adjustment, developmental disabilities and coping.

Counseling Associates

COUNTY OFFICE:

Sheridan County: (307) 673-3386

FAX #: (307) 672-6251

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Counseling for those in need. Counseling areas of expertise include marriage, family, and individual counseling; counseling, assessment and treatment of behavior, education and learning problems; substance abuse assessment and treatment; DOT approved child custody disputes and mediation; and mental health assessment for employment.

A Guide to Resources for Montana

Counseling to Overcome Painful Emotions

COUNTY OFFICE:

Sheridan County: (307) 673-3336

FAX #: (307) 672-2565

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Counseling for those suffering a great loss. Support group dealing with the loss of a family member, significant other, or friend. 9 Week course of counseling. Free to all ages. Also will do in-service training.

Life Strategy Center

COUNTY OFFICE:

Sheridan County: (307) 674-4309

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Counseling to anyone in need. Family, adult, child counseling and consultation, professional impairment, addictions, trauma and trauma recovery, domestic and sexual violence issues and recovery.

Northern Wyoming Mental Health Center

COUNTY OFFICE:

Sheridan County: (307) 674-4405

FAX #: (307) 673-5167

WEBSITE: http://www.wamhsac.org/nwmhc.html

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Provides outpatient mental health, crisis intervention, and substance abuse services for adults, adolescents, couples, families and children. Services provided for children at risk, victims of crime, sexual abuse, family violence, domestic abuse, child abuse, sex offenders, co-dependents, depression, and eating disorders. Also provides parenting assistance, therapeutic foster care and community based services for severely emotionally abused children. Also offers intensive services for adults with serious and persistent mental illness in its Supported Independence Program (SIP).

Hope and Healing, Suicide Survivors Support Group

COUNTY OFFICE:

Sheridan County: (307) 763-3055

Website: http://www.sheridansuicideprevention.com

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Provides education and support to those who have lost a loved one to suicide.

A Guide to Resources for Montana

CHILD AND YOUTH SERVICES

NSI Academy

COUNTY OFFICE:

Sheridan County: (307) 674-6878

FAX #: (307) 674-7781

WEBSITE: http://www.normativeservices.com/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

At NSI Academy, we typically help students with substance abuse, mood disorder, oppositional defiant disorder, conduct disorder, ADHD and adjudicated delinquent. To do this, we offer 24/7 programming that includes a therapeutic milieu, accredited education program, sports, recreation and other structured activities. NSI Academy's clinical services are second to none with general psychiatric and medical services provided for on campus in our medical center and individual, group and family therapies are provided by our staff of licensed mental health professionals. A full range of personality and psychological assessments are also available on campus. NSI Academy is licensed by the Wyoming Department of Family Services as a residential treatment center, accredited by the Joint Commission on Behavioral Health and certified as an ASAM Level 111.1 Adolescent Substance Abuse Treatment Facility by the Wyoming Department of Health, Mental Health and Substance Abuse Services Division.

Wyoming State Girls School

COUNTY OFFICE:

Sheridan County: (307) 674-7476

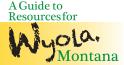
FAX #: (307) 674-4909

WEBSITE: http://dfsweb.state.wy.us/juvenile-services/wyoming-girls-school/

index.html

AVAILABLE BENEFITS, RESOURCES, SERVICES:

The Wyoming Girls' School is a therapeutic and educational facility for the treatment of court-ordered delinquent girls ages 12-21 years. Staff members provide gender-specific support services focusing on mental health and substance abuse treatment, educational and life skills development. The program teaches youth to take personal accountability for their actions and develop socially responsible values in preparation for a successful transition back to their family and community.



EDUCATION SERVICES

ARC, Inc.

COUNTY OFFICE:

Sheridan County: (307) 672-6610

FAX #: (307) 632-3588

WEBSITE: http://www.thearc.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

The Arc is the world's largest community based organization. Arc is devoted to promoting and improving supports and services for all people with intellectual and developmental disabilities. Provides social, recreational, transportation and education opportunities for individuals with intellectual and/or related development disabilities. The Arc's vision is that every individual and family affected by intellectual disability in the United States has access to the information, advocacy, and skills they need to participate as active citizens of our democracy and active members of their community. We work to ensure that people with intellectual and developmental disabilities and their families have the supports they need to live an ordinary, decent American life: People with intellectual and developmental disabilities and their families are valued, respected and included in all communities. People with intellectual and developmental disabilities direct their own lives. People choose their services and supports from many available sources. People are empowered through nonprofit advocacy. State and federal governments administer programs and set budgets that meet everyone's needs.

Colleges in Wyoming

COUNTY OFFICE:

Sheridan County: Sheridan (307) 674 - 6446

AVAILABLE BENEFITS, RESOURCES, SERVICES:

College institutions for higher learning that provides education to undergraduates and awards associate's, bachelor's, and master's degrees.

<u>Library Systems</u>

COUNTY OFFICE:

Sheridan County: 307-674-8585

FAX #: 307-634-2082

WEBSITE: http://www.lclsonline.org/ - Laramie County

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Full service library, plus teen and youth programs, databases, books and summer reading programs and weekly story time for pre-schoolers. Serves as an information resource and provides public library services.

AGuide to Resources for Montana

EMERGENCY SERVICES

American Red Cross

1-866-819-5167 COUNTY OFFICE:

Sheridan County: (307) 686-8407 FAX #: Laramie County (307) 637-5988

WEBSITE: http://www.redcross.org/ or http://www.wyomingredcross.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES: Financial Assistance to victims of man-made and natural disasters including shelter, food, clothing, medicines, medical supplies and crisis mental health support. 24/7 disaster response on-call system. Health and Safety education certifications. Military families' emergency communication program. Disaster preparedness and response. Health and Safety Education (CPR, First Aid, AED, Babysitting, Blood borne Pathogens). Armed Forces Emergency Communication Services. (800) 951-5600. The American Red Cross, a humanitarian organization led by volunteers, guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies.

Salvation Army

Sheridan County: (307) 672-2444 WEBSITE: www.salvationarmyusa.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

The Salvation Army is an evangelical Christian organization that devotes billions of dollars and thousands of volunteer hours each year to disaster relief, social services and other charitable causes worldwide. The Salvation Army can assist families with financial hardships and supportive services.

EMPLOYMENT AND JOB SERVICES

Department of Work Force Services

Employment Services

Sheridan County: (307) 672-9775

FAX #: (307) 777-5857

WEBSITE: www.wyomingworkforce.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

A State of Wyoming, Department of Workforce Services center offers customized business workforce services, job placement, vocational guidance, and Workforce Investment Act (WIA) training and recruitment, and veterans employment services. Aids unemployed workers to find jobs, provide job-search training and assistance, resume-writing courses.

A Guide to

Resources for Montana

FAMILY SERVICES AND MARRIAGE SUPPORT

Advocacy & Resource Center

Sheridan County: (307) 672-7471 CRISIS HOTLINE: (307) 672-3222

FAX #: (307) 672-5259

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Crisis intervention and referral services for victims of family violence, sexual assault and other violent crimes. Specific services include: short term shelter, support groups, counseling, lending library, assistance with victim compensation claims and advocacy services throughout the criminal justice process.

Family Assistance Center (DoD)

COUNTY OFFICE:

Sheridan County: (307) 630-7647

FAX #: (307) 772-5163

WEBSITE: www.wy.ngb.army.mil/family-support

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Family Assistance Centers provide services for all DoD (Department of Defense) deployed families. They help family members handle situations at home so the military member does not have to worry about their family. FAC's are on call 24/7 to support and meet the needs of all DoD families during deployment or activation. Monthly morale calls, and activities for all families of those deployed service members. Primary services provided by FAC's are information, referral, resources, and outreach to military members and their families during the deployment process and are a reference center for family and military members. FAC's can help with benefits, entitlements, and advocacy, medical and financial problems. FAC's are geographically located throughout the state and organized to provide regional support and activities for our deployed families. They are proactive in working with military families during all phases of deployment.

Salvation Army

COUNTY OFFICE:

Sheridan County: (307) 672-2444/2901

FAX #: (307) 778-8786

WEBSITE: www.salvationarmy.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Provide hope to those in need through family services, food bank and through introducing people to assistance needed. Addiction, church services, dependency, emergency response health services, prayer services, social work,

A Guide to Resources for Montana and workshop services. To provide, on a funding available basis, commodities, food boxes, emergency lodging, personal care Items, clothing, bus vouchers, utilities, and gasoline. Provides case management services, character building programs, and spiritual counseling. Provides Christmas food boxes and toys, Thanksgiving meals, after-school programs, summer day camp, furniture and furnishings vouchers, Energy Share Program for all in Wyoming and back-to-school supplies.

UPLIFT: Family Outreach Program

COUNTY OFFICE:

Sheridan County: (307) 684-7813

Toll Free: 1-888-UPLIFT3

FAX #: (307) 778-8681 (Cheyenne) WEBSITE: http://www.upliftwy.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

One of the most promising approaches in children's mental health is the inclusion of family members. Family members are their child's expert. Assistance for children with or at risk of emotional, behavioral, learning, developmental, or physical disorders at home, school and in the community. Website and pamphlets. Will acquire interpreters on an as needed basis. Hope, health and well being for all Wyoming children and families. Provides services for families with children ages birth to 26; advocacy with schools, agencies, and courts, individual support for families, information and referral services, parent support groups, informational newsletters, teen talk, educational series brochures, care coordination, educational conferences and lending library. UPLIFT provides support, education, advocacy, information, and referral to maximize outcomes for the child and family. Programs currently offered in statewide, with offices in Chevenne, Casper, Buffalo, Jackson, and Riverton.

FOOD, CLOTHING, AND SHELTER

Volunteers of America

COUNTY OFFICE:

Sheridan County: (307) 672-0475

: (866) 277-9347

FAX #: (307)-672-0476 WEBSITE: <u>www.voawy.org.</u>

AVAILABLE BENEFITS, RESOURCES, SERVICES:

For more than 20 years, Volunteers of America Wyoming & Montana has been there for those who need us most. We focus on bringing higher levels of care

A Guide to Resources for Montana and safety to our community through safe, nurturing environments where men, women and youth can learn new skills for responsible independent living and where healthy families can be developed and become self-sustaining. Services offered; affordable housing, youth services, community enhancement, adult reentry services, community shelters, substance abuse treatment, other veteran services.

Substance Abuse and Mental Health Ombudsman

COUNTY OFFICE:

Laramie County: (307) 632-5519

Toll Free: (888) 857-1942 Cell Phone: (307) 630-4583

FAX #: (307) 635-0776

WEBSITE: www.wyoguardianship.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

The Ombudsman program is available for consumers of mental health and/ or substance abuse treatment services, family members, people interested in learning more, Community Mental Health Centers, Substance Abuse treatment programs, and other agencies involved in providing care. Includes: Information and coaching, mediation, referral and linkage to agencies, investigation and resolution and advocacy to improve system of care The Mental Health & Substance Abuse Ombudsman Program can help in a variety of ways. Contact for information about mental health or substance abuse services, concerns or complaints about services, questions about your rights, difficulty accessing mental health and/or substance abuse care and issues involving housing, transportation, financial, abuse/neglect, discharge planning, dedication, and timely care and treatment.

Representative Payee Program

COUNTY OFFICE:

Laramie County:(307) 638-7097

Toll Free: (888) 891-6686

WEBSITE: www.wyoguardianship.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Wyoming Guardianship Corporation has developed a Representative Payee Program that provides Payee services for those individuals who are unable to manage their Social Security funds. This program is certified by the Social Security Administration. The clients the representative payees serve may request our services, be referred by their health care providers or case managers, or be adjudicated. Payees have a close working relationship with beneficiaries, their case managers, health care providers and other agencies.

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HEALTH, DENTAL, AND MEDICAL SERVICES

Free Clinic of Sheridan County

COUNTY OFFICE:

Sheridan County: 307-674-6995

FAX #: (307) 673-1996

Website: http://www.freeclinicofsheridan.com/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Clinic providing free medical care to 19-65 year olds who are uninsured and at 185% of the federal poverty level. The Free Clinic of Sheridan County, Inc. is a private, nonprofit, 501(c) (3)-status organization established to provide free healthcare access to indigent people of Sheridan County.

Perkins Foundation

COUNTY OFFICE:

Sheridan County: (307) 674-8871

FAX #: (307) 674-8803

WEBSITE: http://www.perkinsfoundation.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Must be Sheridan County resident age 20 or under for educational loan and also must have low income for med/dental help. Medical and dental assistance and interest free educational loans for youth/kids in Sheridan County.

Public Health

COUNTY OFFICE:

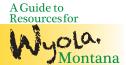
Sheridan Count: (307) 672-5169

FAX #: (307) 777-3617

WEBSITE: http://wdh.state.wy.us/familyhealth/nursing/offices.html

AVAILABLE BENEFITS, RESOURCES, SERVICES:

The basis of public health nursing in Wyoming is the "ANA Standards of Community Health Practice" with the emphasis on risk reduction and health promotion. Public health nursing is delivered in a nondiscriminatory manner and requires participation of the client, who may be an individual, family or community. Public health nurses act as advocates for the client, realizing that certain individual rights may be forfeited for the protection of the community.



Sheridan County Community Health Services

COUNTY OFFICE:

Sheridan County: (307) 672-5169

FAX #: (307) 672-5186

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Immunizations for Children and Adults, Home Visiting Program for Pregnant and Parenting families, intake applications for Child Health Insurance Programs, Dental Health Programs, Breast and Cervical Cancer screening, First Aid and CPR classes, Blood Pressure Clinics, HIV/AIDS educational outreach including testing, case management and condom distribution, Home and Community Based Waiver Service, Pre-admission Reviews for Nursing home Applicants, Adult Health Care for Chronic Conditions.

RECREATION PROGRAMS

YMCA

COUNTY OFFICE:

Sheridan County: (307) 674-7488

FAX #: (307) 635-5063

WEBSITE: www.ymca.net or www.cheyenne.ymca.org

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Local Childcare scholarships (Financial Aid)

All YMCA programs are tools YMCAs use to accomplish their mission, achieve their vision of building strong kids, strong families and strong communities, and reinforce the YMCA core values of caring, honesty, respect and responsibility. YMCAs also use an asset-building approach in their work. Each association is different, reflecting the needs of the local community. Programs available through the YMCA: Adventure Guides, strengthening the relationships between parents and children, Aquatics, Arts and Humanities, Camping, day and overnight, outdoor education. Child Care, infant, toddler, preschool, schoolage and other combinations. Community development, job training, drug abuse prevention, economic development programs. Family nights, support groups and programs. Health and fitness, group exercise, strength training, walking, yoga, personal fitness. Older adults, health and fitness, social clubs, and volunteering. Sports and Teen leadership. Fees will also vary. YMCAs offer financial assistance to include people who cannot afford the full fees for membership and program. Get involved! Find the Y nearest to you. It's always best to call first; YMCAs often add new programs so they can meet local needs and be ever more effective in building strong kids, strong families and strong communities, including support for victims of domestic violence or sexual assault.

Resources for Montana

A Guide to

SENIOR SUPPORT

AARP

(307) 432-5814

FAX #: (307) (307) 634-3808

WEBSITE: http://www.aarp.org/wy

AVAILABLE BENEFITS, RESOURCES, SERVICES:

AARP Wyoming engages in legislative and regulatory advocacy both on the state and national levels, with focus on Medicaid, Medicare, Social Security, long-term care, fraud, health care, and utilities. It informs members and the public about key issues impacting WY residents age 50 and older through its guarterly newspaper, the WY Sage, educational forums and a host of other activities. Members can meet other members in their community by joining a local chapter or retired teachers unit, which often host interesting workshops, and sponsor community service projects. AARP has a variety of high-quality services for members, including: health, dental, auto, motorcycle, and homeowner's insurance programs, investment opportunities, a mail-order pharmacy, traveler's discounts and legal assistance. Volunteers and staff focus on three primary areas: information and education, community service and advocacy. Some of those issues include: consumer protection, work, health and healthy behaviors, independent living, and economic security. Programs include: AARP Tax-Aide, AARP Driver Safety, and a variety of local communitybased activities that serve the needs and interests of members and their families.

Alzheimer's Affiliation

COUNTY OFFICE:

Natrona County: (307) 265-7960

Toll Free: (888) 276-9602

FAX #: (307)

WEBSITE: http://www.alzheimerswyoming.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

They also fund some adult day care for those who could not otherwise receive these services. They serve as advocates for services for Alzheimer's patients and their families. They also provide educational programs for family members, care-givers, and healthcare providers. A lending library of books and videos are available to check out. Educational conferences and training as well as medication scholarships are also provided. Volunteer opportunities for simple office work, speakers, and help with support groups and fund raisers are always needed. Currently offered in Casper, Riverton, Sheridan, Lander, Cheyenne, and Laramie



SUBSTANCE ABUSE PREVENTION

Alcoholics Anonymous

COUNTY OFFICE:

WEBSITE: http://www.theagapecenter.com/AAinUSA/Wyoming.htm

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Support group for recovering alcoholics, their loved ones and family members. An alcoholic recovery program run by recovering alcoholics who provide support and help to achieve and maintain sobriety. Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Mental Health & Substance Abuse Centers

COUNTY OFFICE:

Sheridan County: (307) 674-4405

All facilities also listed under program names.

FAX #: (307) 638-8256

WEBSITE: http://www.wamhsac.org/

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Treatment, counseling, evaluations, consults, emergency services and consultation for a variety of mental health and substance abuse issues. The Wyoming Association of Mental Health and Substance Abuse Centers is made up of the mental health and substance abuse centers throughout the state of Wyoming that serve as the delivery system for state funded public mental health and substance abuse treatment.

Narcotics Anonymous

Website: http://www.drugstrategies.org/NA-Meetings/Wyoming/

Hotline: 1-800-559-9503

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Counseling and support group for anyone with a narcotics addiction and a desire to stop using (or stay stopped). Support group for individuals with narcotics addition

A Guide to Resources for Montana

Northern Wyoming Mental Health Center

COUNTY OFFICE:

Sheridan County:(307) 674-4405

FAX #: (307) 673-5167

WEBSITE: http://www.wamhsac.org/nwmhc.html

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Provides outpatient mental health, crisis intervention, and substance abuse services for adults, adolescents, couples, families and children. Services provided for children at risk, victims of crime, sexual abuse, family violence, domestic abuse, child abuse, sex offenders, co-dependents, depression, and eating disorders. Also provides parenting assistance, therapeutic foster care and community based services for severely emotionally abused children. Also offers intensive services for adults with serious and persistent mental illness in its Supported Independence Program (SIP).

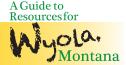
WYSTAR

COUNTY OFFICE:

Sheridan County: (307) 672-2044

AVAILABLE BENEFITS, RESOURCES, SERVICES:

Provides outpatient mental health, crisis intervention, and substance abuse services for adults, adolescents, couples, families and children.







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